

PeoplePoint Buundada Munaafacaadka Gargaarka

Barnaamijkaan waxaa uu si fudud kuugu hagayaa munaafacaad gargaar muhiim ah.

- Xanaanada Carruurta:** Waxay ku caawisaa qoysaska in ay helaan iyo in ay la baxaan xanaanad carruurta ee wanaagsan oo logu talagalay carruurta ka yar 13 sano.
- Daryeelka Caafimaadka:** Waxaa uu ka caawiyyaa qoysaska iyo shakhsiga in ay helaan daryeel caafimaad oo bilaash ah ama qiimahu jaban oo loogu talagalay carruurta iyo dadka wayn.
- Gargaarka Cuntada:** Waxaa uu qoysaska ka caawiyyaa helitaanka cunto nafaqaysan oo si wanaagsan isugu qiyaasan.
- Canshuur Dhaafka Dakhliga Shaqada:** Canshuurta oo bilaash laguugu diyaarinayo iyo iyadoo elektaroonik ah (206) 315-8722.

Si aad macluumaad dheeraad ah u heshid, soo wac **(206) 684-0355**.

Xafiiska Duqa Magaalada ee Muwaadinnada Hawlgabka ah

Xafiiska Duqa Magaalada ee Muwaadiniinta Hawlgabka ah (Mayor's Office for Senior Citizens) waxaa uu ku caawiyyaa inuu ku hodmiyo nolosha dadka waaweyn maamulka caawinaada korontada, shaqaalaynta, iyo barnaamijyada meelaynta iskaa wax qabso, kuna xiri kara dadka waaweyn iyo qoysaskooda bulsho kala duwan oo la soo bandhigay isku dabbiraad ayidaaya gaboot caafimaad leh, nolol isku filnaansho leh, iyo bulsho iyo isku xirnaansho reer magaal ah.

Si aad macluumaad dheeraad ah u heshid, soo wac **(206) 684-0500**.

Xafiiska Duqa Magaalada ee Muwaadinnada Hawlgabka ah

(Mayor's Office for Senior Citizens)

810 - 3rd Avenue, Suite 350
(The Central Building)
Seattle, WA 98104

Isniin – Jimce
8:00 a.m. – 5:00 p.m.

TEL (206) 684-0500
FAX (206) 684-0494
TTY/TDD (206) 233-2778

WEB
[www.seattle.gov/humanservices/
mosc/](http://www.seattle.gov/humanservices/mosc/)

Xafiiska Duqa Magaalada ee Muwaadiniinta Hawlgabka ah (Mayor's Office for Senior Citizens), oo ay maamulaan Qaybta Adeegga Dadweynaha ee Seattle (Seattle Human Services Department), waxaa uu adeecaayaa waxyaabaha loo isticmaali karo dawladda dhexe oo dhan, gobolka, iyo shariyada gudaha ee mamnuucaya midabtakoorka.

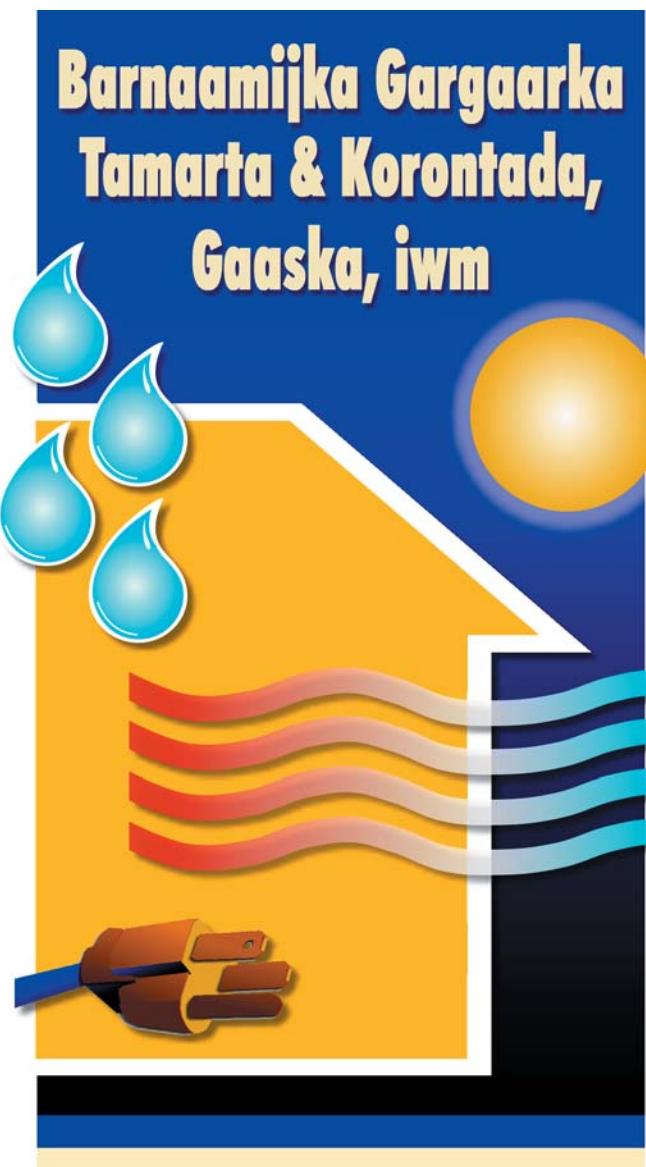
Wax u qabadka loogu tala galay dadka itaalka darran waxaa la bixinaayaa markii la codsado.



**Gregory J. Nickels, Duqa Magaalada
Magaalada Seattle**

**Patricia McInturff, Agaasimaha
Seattle Human Services Department**

Irene Stewart, Agaasimaha



**City of Seattle
Human Services Department**
Gregory J. Nickels, Mayor

Barnaamijyada Gargaarka Korontada, Gaaska, Biyaha, iwm

Waxaa uu bixinaayaa caawinaada aqallada u qalma oo ay bixiso Seattle City Light iyo Seattle Public Utilities



Caawinaadda Lacag Bixinta

Iyadoo ay ascaarta korontada, biyaha, iwm ay kor u kacaayaan, ma fududa dadku in ay marwalba is bixiyaan marka ay timaado kharashyada masaariifta. Barnaamijyo kala duwan ayaa kaa caawinaya in aad dib uga dhicin bixitaanka lacagta korontada, gaaska biyaha, iwm. Waxaa ay ku xiran tahay heerarka kala duwan ee dakhliga. **Waxaad xaq u heli kartaa hal barnaamij ama in kabadan.**

Barnaamijka Caawinaadda Tamarta (EAP)

EAP waa barnaamij ay lacag geliso dawladda dhexe oo bixin kara qayb ka mid ah qimaha kululaynta guryaha ee guryaha qoysaska lacagta yar-yar oo isticmaala kuleyligha korontada, gaaska, saliida ama qoryaha. Caawinaada EAP waxaa la helaa, xilliyadda dayrta, jillaalka, iyo gu'ga, marka ay maaliyd jirto. Codsadeyaasha waa in uu dakhligoodu uusan dhaafsanayn xadka loogu talagalay.

Haddii aad Seattle deggan tahay (tus. magaalada gudaheeda), waxaad wacdaa 1-866-223-1068 (CAMP). Haddii aad ku nooshahay meel magaalada ka baxsan, waxaad wacdaa 1-800-348-7144 (Hope-Link ama South King County Multi-Service Center).

ELIA Barnaamijka

Seattle City Light waxaa ay bixisaan Caawinaadda Dadka Dakhliga Yar ee degdegga ah (ELIA) ee loogu talagalay macaamiisha xaqqa u leh oo ku sii socda in laga goosto. ELIA waxaa la helayaa kaddib markii uu dhammaado barnaamijka EAP amaba marka aan la heli kareynin. **Si aad macluumaaad dheeraad ah u heshid, soo wac**

(206) 684-3688.

Dhimista Heerka Sicirka Korontada, Gaaska, Biyaha, iwm

Barnaamijkan waxaa lagu helayaa qiimaha korontada, gaaska, biyaha, iwm ee jaban oo loogu talagalay qoysaska u qalma, dadka waaweyn (da'da 65+), iyo dadka itaal la'aanta ah. Codsadayaasha u qalma waxay helayaan qiimo 50% jaban ee biilka Seattle City Light. Dadka deggan Seattle waxaa ay sidoo kale helayaan heer la dhimay ee Seattle Public Utilities isku jirka biilasha (biyaha, dhuumaha qashinka iyo qashinka). Codsadayaashu waa in ay buuxiyaan seddex shuruudood ee aasaas ah:

- Qoyska waa in dakhligoodu uu xadka la egayahay.
- Waxaa laga yaabaa in uu cadsade ahayn qof deggan guryaha dowladda dhexe (Section 8, Seattle Housing Authority, King County Housing Authority, HUD, Shelter+Care, iwm.). Inta aan ka ahayn guryaha SHA Bond.
- Waa in biilka degganaha ee Seattle City Light uu ku yaal magaca cadsadaha.

Si aad macluumaaad dheeraad ah u heshid, soo wac (206) 684-0268.

Mashruuca Share

Mashruuca Share waxaa uu bixiyaa caawinaada lacag bixinta iyo la talinta loogu talagalay dadka guryaha deggan ee macaamiisha Seattle City Light oo ku sii socda in laga gooyo. Caawinaadda Mashruuca Share waa ay kala duwan tahay iyadoo ay ku xiran tahay xaaladda taagan. Qoysaska waa

dakhligoodu xadka u dhaxeeyaa, iyadoo degganeyaasha Seattle City Light ay tahay in ay qorsheeystaan lacag bixinta iyo in ay yihiin kuwo tixraac ahaan ay u soo gudbiyeen Seattle City Light. **Si aad macluumaaad dheeraad ah u heshid, soo wac (206) 684-3000.**

Barnaamijka Caawinaadda Degdegga ah ee Biyaha

Macaamiisha Seattle Public Utilities ee degan guryo hal qoys keliya ah oo ka daahay in ay lacagta koontada bixyaan islamarkaana halis ugu jira in adeegga biyaha laga goosto, waxaa laga yaabaa in ay xaq u yeeshaan caawinaad lacag bixin degdeg ah. Qoyska waa in dakhligoodu uu xadka u dhaxeeyaa. Waa in biilka degganaha ee Seattle Public Utilities uu ku yaal magaca cadsadaha. **Si aad macluumaaad dheeraad ah u heshid, soo wac (206) 684-0268.**

Jawiyenta Guriga

Office of Housing ee Seattle waxaa uu si bilaash ah u bixiyaa jawiyaynta guryaha ee dadka dakhli ahaan u qalma ee iskaleh guryaha iyo kireesteyaasha (guryaha halka qoys iyo guryaha abaartameenda ah). Adeegyada kale waxaa ku jira guryaha korsaarka yar ee guryaha lagu dayactiro iyadoo dayactirku soconayo inta uu degganaha ku nool yahay, guryaha halka qoys ee uu dakhligoodu hoos iyo dhedhexaa yahay. **Si aad macluumaaad dheeraad ah u heshid, soo wac (206) 684-0244.**